## Steps to help keep EVERYONE safe while playing soccer!



This information comes from CDC guidelines. For more information on preventative steps to keep everyone safe while playing soccer please visit

cdc.gov

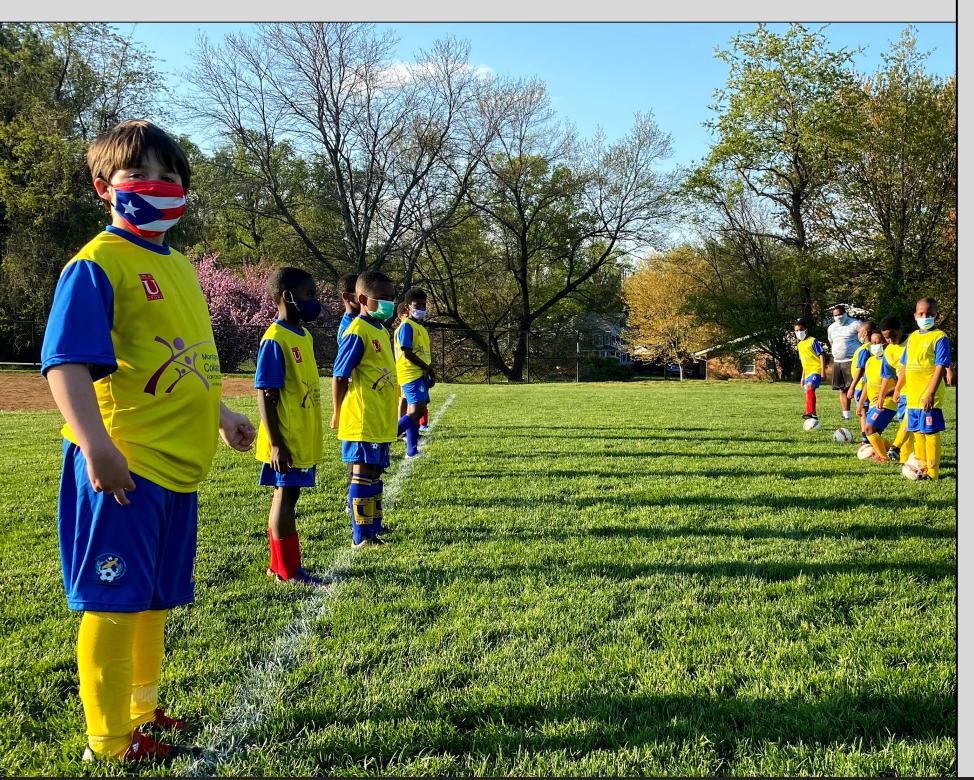
## All participants are encouraged to follow the CDC guidelines:

- Use hand sanitizer frequently
- Safely wear a mask whenever you are unable to maintain 6' social distancing (on the bench etc.)



- Masks may be safely worn while actively playing UNLESS the 'wet bulb' temperature reaches 83 degrees or higher.
- For all persons over the age of 2, in areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others.
- For spectators in close proximity to nonfamily members, it is recommended to wear a mask or sit 6' apart.

- Avoid greeting others with physical contact (e.g. High-fives, team huddles)
- If you are feeling sick or have been in close contact with someone feeling sick, then please stay home.



## What is the risk of my find being infected with COVID-19?

Children can become infected with the virus that causes COVID-19. Most children with COVID-19 have mild symptoms or they may be asymptomatic. While fewer children have been sick with COVID-19 compared to adults, some children have had serious illness as a result of the COVID-19 infection.

**MARYLAND STATE** 

YOUTH SOCCER ASSOCIATION



@MSYSA ③ @MSYouthSoccer f @MDStateYouthSoccer c @MarylandSYSA