

Steps to help keep EVERYONE safe while playing soccer!



This information comes from CDC guidelines. For more information on preventative steps to keep everyone safe while playing soccer please visit [cdc.gov](https://www.cdc.gov)



All participants are encouraged to follow the CDC guidelines:

- Use hand sanitizer frequently
- Safely wear a mask whenever you are unable to maintain 6' social distancing (on the bench etc.)
- Avoid greeting others with physical contact (e.g. High-fives, team huddles)
- If you are feeling sick or have been in close contact with someone feeling sick, then please stay home.



- Masks may be safely worn while actively playing UNLESS the 'wet bulb' temperature reaches 83 degrees or higher.
- For all persons over the age of 2, in areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others.
- For spectators in close proximity to non-family members, it is recommended to wear a mask or sit 6' apart.

What is the risk of my child being infected with COVID-19?



Children can become infected with the virus that causes COVID-19. Most children with COVID-19 have mild symptoms or they may be asymptomatic. While fewer children have been sick with COVID-19 compared to adults, some children have had serious illness as a result of the COVID-19 infection.



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