

Name the Goals, submitted by Matt Wagner, HIGH 5 Soccer

Objective Quick decision making

Description Set up however many goals you want in a section of the field. Have the players use their imaginations to name all the goals. Tell them whenever you yell out a name the players must dribble the ball towards that goal and then shoot at that goal. See how fast you can do it each time for everyone to score.

Dribbling
Quick thinking
Shooting

Coaching Points Think and act quickly.
Once they do it once, ask if they can do it fast to challenge them

